

青協背包跑

Date : 14/10/2025

備註 : DNS(Did Not Start)、DNF(Did Not Finish)、DQ(Disqualified)

5KM Individual Run - Men Junior Group A

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	2	Men Junior (Group A)	B1078	WONG CHUN WING ANSON	00:24:21	00:04:52	00:24:18	00:04:52	
2	6	Men Junior (Group A)	B1069	IVN MA	00:25:18	00:05:04	00:25:16	00:05:03	
3	8	Men Junior (Group A)	B1117	鄧 朗廷	00:25:54	00:05:11	00:25:45	00:05:09	
4	10	Men Junior (Group A)	B1113	趙 信杰	00:26:46	00:05:21	00:26:43	00:05:21	
5	11	Men Junior (Group A)	B1115	劉 日昇	00:27:00	00:05:24	00:26:57	00:05:23	
6	12	Men Junior (Group A)	B1080	王 晟潤	00:27:01	00:05:24	00:26:54	00:05:23	
7	14	Men Junior (Group A)	B1110	覃 楚正	00:27:27	00:05:29	00:27:23	00:05:29	
8	15	Men Junior (Group A)	B1062	CAI JASPER	00:27:38	00:05:32	00:27:36	00:05:31	
9	16	Men Junior (Group A)	B1092	李 健希	00:27:43	00:05:33	00:27:35	00:05:31	
10	17	Men Junior (Group A)	B1111	黃 梓軒	00:27:46	00:05:33	00:27:43	00:05:33	
11	19	Men Junior (Group A)	B1109	曾博賢 博賢	00:28:31	00:05:42	00:28:28	00:05:42	
12	21	Men Junior (Group A)	B1064	FONG PAK YINM	00:28:48	00:05:46	00:28:45	00:05:45	
13	23	Men Junior (Group A)	B1072	SIN PAK KI ELVIS	00:29:07	00:05:49	00:29:05	00:05:49	
14	30	Men Junior (Group A)	B1067	LO SUI KIU	00:29:40	00:05:56	00:29:31	00:05:54	
15	32	Men Junior (Group A)	B1096	阮 琪峯	00:29:57	00:05:59	00:29:52	00:05:58	
16	33	Men Junior (Group A)	B1068	MA IAN	00:30:00	00:06:00	00:29:57	00:05:59	
17	34	Men Junior (Group A)	B1094	李 樂言	00:30:05	00:06:01	00:29:57	00:05:59	
18	35	Men Junior (Group A)	B1075	TSE MAN LOK	00:30:12	00:06:02	00:30:04	00:06:01	
19	37	Men Junior (Group A)	B1118	鄭 沂宸	00:30:15	00:06:03	00:30:03	00:06:01	
20	40	Men Junior (Group A)	B1071	SIN CHUN HEI	00:30:40	00:06:08	00:30:38	00:06:08	
21	42	Men Junior (Group A)	A1363	常 諾天	00:30:51	00:06:10	00:30:46	00:06:09	
22	44	Men Junior (Group A)	B1105	陳 栩軒	00:30:51	00:06:10	00:30:40	00:06:08	
23	45	Men Junior (Group A)	B1106	陳 鍵滔	00:31:44	00:06:21	00:31:34	00:06:19	
24	47	Men Junior (Group A)	B1099	范 子康	00:32:06	00:06:25	00:32:00	00:06:24	
25	48	Men Junior (Group A)	B1330	溫 駿鴻	00:32:13	00:06:27	00:32:09	00:06:26	
26	50	Men Junior (Group A)	B1085	余 旻昇	00:32:24	00:06:29	00:32:19	00:06:28	
27	52	Men Junior (Group A)	B1095	汪 翰瓏	00:32:33	00:06:31	00:32:20	00:06:28	
28	54	Men Junior (Group A)	B1333	蘇 宏達	00:32:46	00:06:33	00:32:42	00:06:32	
29	55	Men Junior (Group A)	B1079	YIP SAU CHING	00:32:55	00:06:35	00:32:48	00:06:34	
30	57	Men Junior (Group A)	A1364	陳 俊宇	00:33:10	00:06:38	00:33:07	00:06:37	
31	59	Men Junior (Group A)	B1088	吳 銳滔	00:33:23	00:06:41	00:33:09	00:06:38	

32	61	Men Junior (Group A)	B1073	TANG LUNG CHEONG	00:33:43	00:06:45	00:33:37	00:06:43	
33	65	Men Junior (Group A)	B1077	WONG CHIU YUET	00:34:16	00:06:51	00:34:04	00:06:49	
34	70	Men Junior (Group A)	B1101	梁俊豪	00:34:46	00:06:57	00:34:38	00:06:56	
35	71	Men Junior (Group A)	B1097	林政高	00:34:48	00:06:58	00:34:41	00:06:56	
36	72	Men Junior (Group A)	B1345	盧奕全	00:34:52	00:06:58	00:34:44	00:06:57	
37	81	Men Junior (Group A)	B1107	傅己炯	00:35:46	00:07:09	00:35:43	00:07:09	
38	85	Men Junior (Group A)	B1119	韓凱豪	00:36:20	00:07:16	00:36:13	00:07:15	
39	89	Men Junior (Group A)	A1361	何兆剛	00:36:52	00:07:22	00:36:49	00:07:22	
40	91	Men Junior (Group A)	B1093	李梓晉	00:37:08	00:07:26	00:36:58	00:07:24	
41	92	Men Junior (Group A)	B1116	蔡梓霖	00:37:11	00:07:26	00:37:00	00:07:24	
42	93	Men Junior (Group A)	B1120	簡志洋	00:37:13	00:07:27	00:37:00	00:07:24	
43	95	Men Junior (Group A)	B1087	吳凱泓	00:37:29	00:07:30	00:37:24	00:07:29	
44	98	Men Junior (Group A)	B1082	朱泊涵	00:37:38	00:07:32	00:37:32	00:07:30	
45	106	Men Junior (Group A)	B1091	李仕麟	00:38:35	00:07:43	00:38:33	00:07:43	
46	116	Men Junior (Group A)	B1090	忻梓晉	00:40:25	00:08:05	00:40:21	00:08:04	
47	118	Men Junior (Group A)	B1108	曾瀚祈	00:40:59	00:08:12	00:40:55	00:08:11	
48	120	Men Junior (Group A)	A1362	洪曉輝	00:41:08	00:08:14	00:40:58	00:08:12	
49	123	Men Junior (Group A)	B1089	呂學揚	00:41:21	00:08:16	00:41:15	00:08:15	
50	139	Men Junior (Group A)	B1332	薛浩宇	00:42:44	00:08:33	00:42:40	00:08:32	
51	140	Men Junior (Group A)	B1335	LAM TSZ HIN	00:42:48	00:08:34	00:42:45	00:08:33	
52	142	Men Junior (Group A)	B1112	趙俊瑋	00:42:54	00:08:35	00:37:49	00:07:34	
53	153	Men Junior (Group A)	B1121	魏子峻	00:43:52	00:08:46	00:43:38	00:08:44	
54	156	Men Junior (Group A)	B1084	何彥鋒	00:44:19	00:08:52	00:44:10	00:08:50	
55	159	Men Junior (Group A)	B1334	彭旨航	00:44:31	00:08:54	00:44:30	00:08:54	
56	185	Men Junior (Group A)	B1103	陳君政	00:47:10	00:09:26	00:47:08	00:09:26	
57	197	Men Junior (Group A)	A1360	吳劍勛	00:48:31	00:09:42	00:48:14	00:09:39	
58	222	Men Junior (Group A)	B1344	劉嘉軒	00:51:36	00:10:19	00:51:30	00:10:18	
59	276	Men Junior (Group A)	B1074	THAPA AJ	00:58:18	00:11:40	00:58:08	00:11:38	
60	294	Men Junior (Group A)	A1359	NARDI ETHAN SCOTT	01:04:08	00:12:50	01:03:54	00:12:47	
61	295	Men Junior (Group A)	B1065	GURUNG MIDAS TOUCH	01:04:08	00:12:50	01:03:55	00:12:47	
		Men Junior (Group A)	A1357	謝學堯	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1063	CHIN YI SUM	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1066	KO CHUNG SHING	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1070	MUHAMMADH RUFAYDH	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1076	TSE MARS	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1083	朱胤軒	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1086	吳晞捷	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1098	林梓榮	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group A)	B1100	曹梓皓	N/A	N/A	N/A	N/A	DNS

Men Junior (Group A)	B1102	莊 竣淇	N/A	N/A	N/A	N/A	DNS
Men Junior (Group A)	B1104	陳 俊言	N/A	N/A	N/A	N/A	DNS
Men Junior (Group A)	B1114	趙 趙駿	N/A	N/A	N/A	N/A	DNS
Men Junior (Group A)	B1122	關 綽日	N/A	N/A	N/A	N/A	DNS
Men Junior (Group A)	B1329	何 承義	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Women Junior Group A

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	56	Women Junior (Group A)	B1126	LO SUI CHING	00:33:00	00:06:36	00:32:50	00:06:34	
2	77	Women Junior (Group A)	B1139	蕭穎晞	00:35:34	00:07:07	00:35:20	00:07:04	
3	82	Women Junior (Group A)	B1137	楊樂怡	00:35:49	00:07:10	00:35:41	00:07:08	
4	83	Women Junior (Group A)	B1136	楊可寧	00:35:55	00:07:11	00:35:48	00:07:10	
5	109	Women Junior (Group A)	B1138	劉行	00:39:07	00:07:49	00:39:04	00:07:49	
6	119	Women Junior (Group A)	B1133	周可唯	00:41:02	00:08:12	00:40:55	00:08:11	
7	124	Women Junior (Group A)	B1123	CHAN SUM YAU	00:41:24	00:08:17	00:41:19	00:08:16	
8	146	Women Junior (Group A)	B1134	曾凱瑜	00:43:28	00:08:42	00:43:13	00:08:39	
9	166	Women Junior (Group A)	B1135	馮曉楠	00:45:52	00:09:10	00:45:41	00:09:08	
10	167	Women Junior (Group A)	B1129	SZE WING CHING	00:45:53	00:09:11	00:45:45	00:09:09	
11	187	Women Junior (Group A)	B1140	鍾凱婷	00:47:22	00:09:28	00:47:21	00:09:28	
12	195	Women Junior (Group A)	B1125	CHING YEE CHANG	00:48:28	00:09:42	00:48:16	00:09:39	
13	196	Women Junior (Group A)	B1343	陳煒玲	00:48:28	00:09:42	00:48:20	00:09:40	
14	199	Women Junior (Group A)	B1331	蔡天恩	00:48:38	00:09:44	00:48:32	00:09:42	
15	203	Women Junior (Group A)	B1128	NG YANNIE	00:49:03	00:09:49	00:48:57	00:09:47	
16	212	Women Junior (Group A)	A1367	張芷倩	00:50:41	00:10:08	00:50:29	00:10:06	
17	223	Women Junior (Group A)	B1337	古心嫻	00:51:44	00:10:21	00:51:33	00:10:19	
18	234	Women Junior (Group A)	B1338	李沛汶	00:53:16	00:10:39	00:53:08	00:10:38	
19	271	Women Junior (Group A)	A1366	王孝穎	00:57:42	00:11:32	00:57:33	00:11:31	
20	284	Women Junior (Group A)	B1342	陳芷彤	01:00:11	00:12:02	01:00:02	00:12:00	
21	286	Women Junior (Group A)	B1336	王愉麗	01:01:05	00:12:13	01:00:57	00:12:11	
22	287	Women Junior (Group A)	B1339	李祉瑩	01:01:05	00:12:13	01:00:53	00:12:11	
23	308	Women Junior (Group A)	B1341	陳梓惠	01:22:59	00:16:36	01:22:46	00:16:33	
24	309	Women Junior (Group A)	B1340	陳美萱	01:23:03	00:16:37	01:22:53	00:16:35	
		Women Junior (Group A)	A1365	MARLEY CAOIMHE	N/A	N/A	N/A	N/A	DNS
		Women Junior (Group A)	A1368	陳凱琳	N/A	N/A	N/A	N/A	DNF
		Women Junior (Group A)	B1124	CHAN YIN KEI AMY	N/A	N/A	N/A	N/A	DNS
		Women Junior (Group A)	B1127	MARLEY SIOBHAN	N/A	N/A	N/A	N/A	DNS
		Women Junior (Group A)	B1130	YIP LING WAI SIMONE	N/A	N/A	N/A	N/A	DNS
		Women Junior (Group A)	B1131	朱海澌	N/A	N/A	N/A	N/A	DNS
		Women Junior (Group A)	B1132	吳晨	N/A	N/A	N/A	N/A	DNS

SKM Individual Run - Men Junior Group B

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	4	Men Junior (Group B)	A1044	葉 俊朗	00:25:08	00:05:02	00:24:58	00:05:00	
2	22	Men Junior (Group B)	A1047	鄭 裕禮	00:28:56	00:05:47	00:28:50	00:05:46	
3	24	Men Junior (Group B)	A1015	王 梓程	00:29:15	00:05:51	00:29:02	00:05:48	
4	26	Men Junior (Group B)	A1001	CAI HIUWINGM	00:29:33	00:05:55	00:29:30	00:05:54	
5	28	Men Junior (Group B)	A1022	胡 浩洋	00:29:35	00:05:55	00:29:23	00:05:53	
6	29	Men Junior (Group B)	A1326	彭 志昇	00:29:38	00:05:56	00:29:35	00:05:55	
7	36	Men Junior (Group B)	A1031	陳 柏庭	00:30:15	00:06:03	00:30:02	00:06:00	
8	39	Men Junior (Group B)	A1006	LEUNG CHUN TO	00:30:34	00:06:07	00:30:31	00:06:06	
9	49	Men Junior (Group B)	A1029	許 穎林	00:32:18	00:06:28	00:32:14	00:06:27	
10	51	Men Junior (Group B)	A1328	梁 焯現	00:32:27	00:06:29	00:32:21	00:06:28	
11	53	Men Junior (Group B)	A1033	陳 梓俊	00:32:38	00:06:32	00:32:28	00:06:30	
12	58	Men Junior (Group B)	A1037	曾 嘉濠	00:33:16	00:06:39	00:33:13	00:06:39	
13	62	Men Junior (Group B)	A1024	崔 梓健	00:33:51	00:06:46	00:33:41	00:06:44	
14	63	Men Junior (Group B)	A1043	楊 子朗	00:33:53	00:06:47	00:33:39	00:06:44	
15	68	Men Junior (Group B)	A1050	譚 家樂	00:34:36	00:06:55	00:34:32	00:06:54	
16	73	Men Junior (Group B)	A1010	SOMSISRISAI KELVIN	00:35:04	00:07:01	00:34:51	00:06:58	
17	74	Men Junior (Group B)	A1004	LAM STEVEN	00:35:05	00:07:01	00:34:51	00:06:58	
18	78	Men Junior (Group B)	A1048	鍾 宇軒	00:35:38	00:07:08	00:35:34	00:07:07	
19	79	Men Junior (Group B)	A1046	蔡 家濠	00:35:38	00:07:08	00:35:34	00:07:07	
20	86	Men Junior (Group B)	A1041	馮 竣筵	00:36:21	00:07:16	00:36:10	00:07:14	
21	87	Men Junior (Group B)	A1018	阮 樂希	00:36:30	00:07:18	00:36:21	00:07:16	
22	94	Men Junior (Group B)	A1005	LAW WAN CHINGM	00:37:20	00:07:28	00:37:15	00:07:27	
23	100	Men Junior (Group B)	B1081	石 梓暘	00:37:51	00:07:34	00:37:48	00:07:34	
24	101	Men Junior (Group B)	A1013	王 子文	00:37:53	00:07:35	00:37:45	00:07:33	
25	103	Men Junior (Group B)	A1026	張 嘉銘	00:38:11	00:07:38	00:38:00	00:07:36	
26	110	Men Junior (Group B)	A1028	梁 德健	00:39:10	00:07:50	00:39:07	00:07:49	
27	111	Men Junior (Group B)	A1325	李 家齊	00:39:13	00:07:51	00:39:09	00:07:50	
28	114	Men Junior (Group B)	A1012	ZHANG HENGCHANG	00:40:17	00:08:03	00:40:03	00:08:01	
29	125	Men Junior (Group B)	A1034	陳 皓宏	00:41:33	00:08:19	00:41:27	00:08:17	
30	126	Men Junior (Group B)	A1027	梁 家軒	00:41:41	00:08:20	00:41:33	00:08:19	
31	128	Men Junior (Group B)	A1007	MA MAN KIT	00:41:50	00:08:22	00:41:42	00:08:20	
32	133	Men Junior (Group B)	A1025	張 家濠	00:42:03	00:08:25	00:42:03	00:08:25	
33	137	Men Junior (Group B)	A1002	CHIN YI HENG	00:42:09	00:08:26	00:41:58	00:08:24	

34	141	Men Junior (Group B)	A1035	陳 奧宇	00:42:52	00:08:34		00:00:00	
35	161	Men Junior (Group B)	A1036	黃 鶴勇	00:44:34	00:08:55	00:44:24	00:08:53	
36	164	Men Junior (Group B)	A1038	溫 銘藝	00:45:33	00:09:07	00:45:26	00:09:05	
37	177	Men Junior (Group B)	A1008	NGAI HE	00:46:33	00:09:19	00:45:00	00:09:00	
38	179	Men Junior (Group B)	A1011	WONG CHI LEONG	00:46:49	00:09:22	00:46:45	00:09:21	
39	204	Men Junior (Group B)	A1030	郭 晨熹	00:49:18	00:09:52	00:49:13	00:09:51	
40	219	Men Junior (Group B)	A1327	黃 梓軒	00:51:32	00:10:18	00:51:30	00:10:18	
41	220	Men Junior (Group B)	A1045	劉 昊銘	00:51:35	00:10:19	00:51:24	00:10:17	
42	224	Men Junior (Group B)	A1039	湯 健豪	00:51:45	00:10:21	00:51:34	00:10:19	
43	262	Men Junior (Group B)	A1020	周 嘉俊	00:56:26	00:11:17	00:56:20	00:11:16	
44	288	Men Junior (Group B)	A1009	POON TZE YING	01:01:11	00:12:14	01:01:10	00:12:14	
		Men Junior (Group B)	A1003	KO KA SHEK	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1014	王 子豪	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1016	布 以諾	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1017	江 所鍵	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1019	周 子然	N/A	N/A	N/A	N/A	DNF
		Men Junior (Group B)	A1021	林 晉毅	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1023	高 子曜	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1032	陳 珀濤	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1040	湯 楷樑	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1042	黃 俊衡	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	A1049	羅 利滿	N/A	N/A	N/A	N/A	DNS
		Men Junior (Group B)	B1358	梁 鎮朗	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Women Junior Group B

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	144	Women Junior (Group B)	A1057	陳子晴	00:43:02	00:08:36	00:42:46	00:08:33	
2	149	Women Junior (Group B)	A1059	楊樂宜	00:43:42	00:08:44	00:43:33	00:08:43	
3	169	Women Junior (Group B)	A1054	李欣桐	00:45:58	00:09:12	00:45:51	00:09:10	
4	184	Women Junior (Group B)	A1060	鄭瓊艷	00:47:06	00:09:25	00:46:57	00:09:23	
5	205	Women Junior (Group B)	A1056	梁靜雯	00:49:25	00:09:53	00:49:18	00:09:52	
6	206	Women Junior (Group B)	A1058	陳殷瑩	00:49:36	00:09:55	00:49:21	00:09:52	
7	270	Women Junior (Group B)	A1053	WU TSZ YAU	00:57:36	00:11:31	00:55:57	00:11:11	
8	278	Women Junior (Group B)	A1051	CHAU PAK YEE	00:58:28	00:11:42	00:58:21	00:11:40	
9	281	Women Junior (Group B)	A1052	LAM WING TUNG ZARA	00:59:07	00:11:49	00:53:56	00:10:47	
10	302	Women Junior (Group B)	A1055	林曉晴	01:09:23	00:13:53	01:09:15	00:13:51	
		Women Junior (Group B)	A1061	關馨兒	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Men Youth Group A

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	1	Men Youth (Group A)	C1159	歐陽 家朗	00:23:31	00:04:42	00:23:28	00:04:42	
2	27	Men Youth (Group A)	C1197	周 永軒	00:29:34	00:05:55	00:29:31	00:05:54	
3	60	Men Youth (Group A)	C1146	LIU CHUN HIN	00:33:30	00:06:42	00:33:30	00:06:42	
4	90	Men Youth (Group A)	C1151	YU CHONG FAI	00:37:00	00:07:24	00:36:35	00:07:19	
5	99	Men Youth (Group A)	C1147	WONG CHI HO	00:37:44	00:07:33	00:37:24	00:07:29	
6	102	Men Youth (Group A)	C1158	陳 寶江	00:38:02	00:07:36	00:37:37	00:07:31	
7	115	Men Youth (Group A)	C1157	郭 淳彥	00:40:22	00:08:04	00:40:18	00:08:04	
8	171	Men Youth (Group A)	C1160	羅 錦彬	00:46:01	00:09:12	00:45:36	00:09:07	
9	176	Men Youth (Group A)	C1141	CHEONG CHUN WAH	00:46:31	00:09:18	00:46:10	00:09:14	
10	186	Men Youth (Group A)	C1145	LEE HOI PAN	00:47:21	00:09:28	00:46:56	00:09:23	
11	192	Men Youth (Group A)	C1142	CORNELIUS KONG ISAAC SADIQ	00:47:57	00:09:35	00:47:50	00:09:34	
12	217	Men Youth (Group A)	C1155	張 津溥	00:51:16	00:10:15	00:48:39	00:09:44	
13	251	Men Youth (Group A)	C1143	FAN HO LAM MICHAEL	00:55:29	00:11:06	00:55:21	00:11:04	
14	252	Men Youth (Group A)	C1148	WONG YUK YIN	00:55:35	00:11:07	00:55:33	00:11:07	
15	254	Men Youth (Group A)	C1144	LAU FOR NING	00:55:42	00:11:08	00:55:28	00:11:06	
16	255	Men Youth (Group A)	C1154	李 承謙	00:55:54	00:11:11	00:55:41	00:11:08	
		Men Youth (Group A)	C1149	WU WAI HO	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group A)	C1150	YIM CHUN HEI	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group A)	C1152	YUEN CHAK HEI	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group A)	C1153	ZHANG BANGCHAO	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group A)	C1156	梁 羅健	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group A)	C1346	CHEUNG CHI HANG	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group A)	C1348	陳 維峻	N/A	N/A	N/A	N/A	DNS

SKM Individual Run - Women Youth Group A

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	13	Women Youth (Group A)	C1193	吳祖恩	00:27:08	00:05:26	00:27:05	00:05:25	
2	25	Women Youth (Group A)	C1204	郭梓欣	00:29:23	00:05:53	00:29:20	00:05:52	
3	31	Women Youth (Group A)	C1349	曾淑婷	00:29:49	00:05:58	00:29:46	00:05:57	
4	76	Women Youth (Group A)	C1184	TSE SAMMEE	00:35:20	00:07:04	00:35:11	00:07:02	
5	104	Women Youth (Group A)	C1190	YU WAI KI	00:38:13	00:07:39	00:38:11	00:07:38	
6	130	Women Youth (Group A)	C1195	李汶茵	00:41:59	00:08:24	00:41:57	00:08:23	
7	132	Women Youth (Group A)	C1173	LEE CHOI LAM	00:42:00	00:08:24	00:41:35	00:08:19	
8	135	Women Youth (Group A)	C1175	LEE UEN KWAN	00:42:04	00:08:25	00:41:41	00:08:20	
9	145	Women Youth (Group A)	C1180	MING YI IP	00:43:11	00:08:38	00:42:51	00:08:34	
10	147	Women Youth (Group A)	C1166	CHENG WENBIN	00:43:37	00:08:43	00:43:22	00:08:40	
11	158	Women Youth (Group A)	C1206	彭詠恩	00:44:29	00:08:54	00:44:21	00:08:52	
12	160	Women Youth (Group A)	C1174	LEE TSZ MEI	00:44:32	00:08:54	00:44:08	00:08:50	
13	162	Women Youth (Group A)	C1209	盧穎燁	00:44:34	00:08:55	00:44:26	00:08:53	
14	170	Women Youth (Group A)	C1188	WONG YIM PING	00:45:59	00:09:12	00:45:50	00:09:10	
15	172	Women Youth (Group A)	C1185	WONG CHIN YAN	00:46:02	00:09:12	00:45:56	00:09:11	
16	173	Women Youth (Group A)	C1164	CHAN HOI KA	00:46:07	00:09:13	00:45:53	00:09:11	
17	180	Women Youth (Group A)	C1170	FANG ZHEJING	00:46:53	00:09:23	00:46:32	00:09:18	
18	182	Women Youth (Group A)	C1369	ZUBAIR ANEESABIBI	00:47:05	00:09:25	00:46:56	00:09:23	
19	210	Women Youth (Group A)	C1210	謝穎曦	00:50:32	00:10:06	00:47:56	00:09:35	
20	214	Women Youth (Group A)	C1203	許翠裕	00:50:44	00:10:09	00:50:34	00:10:07	
21	216	Women Youth (Group A)	C1201	范慧喬	00:51:13	00:10:15	00:48:35	00:09:43	
22	226	Women Youth (Group A)	C1202	孫一琦	00:52:14	00:10:27	00:51:42	00:10:20	
23	227	Women Youth (Group A)	C1192	尹海盈	00:52:22	00:10:28	00:52:14	00:10:27	
24	228	Women Youth (Group A)	C1162	AU YUET MING	00:52:34	00:10:31	00:52:25	00:10:29	
25	238	Women Youth (Group A)	C1161	ALAMO SANTANA SONIA	00:53:44	00:10:45	00:53:29	00:10:42	
26	239	Women Youth (Group A)	C1199	紀浩軒	00:54:00	00:10:48	00:53:28	00:10:42	
27	241	Women Youth (Group A)	C1183	TANG HIU LAM	00:54:18	00:10:52	00:53:54	00:10:47	
28	242	Women Youth (Group A)	C1207	鄭心愉	00:54:40	00:10:56	00:54:36	00:10:55	
29	246	Women Youth (Group A)	C1176	LEUNG CHEUK LAM	00:54:55	00:10:59	00:54:40	00:10:56	
30	247	Women Youth (Group A)	C1169	CHUNG CHEUK YAU	00:54:55	00:10:59	00:54:40	00:10:56	
31	249	Women Youth (Group A)	C1168	CHEUNG TSUN YAN	00:55:28	00:11:06	00:55:21	00:11:04	
32	250	Women Youth (Group A)	C1182	RUAN SI YU	00:55:29	00:11:06	00:55:20	00:11:04	
33	252	Women Youth (Group A)	C1172	LAU WING KIU	00:55:35	00:11:07	00:55:29	00:11:06	

34	256	Women Youth (Group A)	C1178	LEUNG TSZ WAI	00:56:07	00:11:13	00:53:29	00:10:42	
35	257	Women Youth (Group A)	C1165	CHAN YU YU	00:56:07	00:11:13	00:53:29	00:10:42	
36	258	Women Youth (Group A)	C1186	WONG SIN TING	00:56:08	00:11:14	00:55:38	00:11:08	
37	261	Women Youth (Group A)	C1187	WONG WING LAAM	00:56:20	00:11:16	00:56:06	00:11:13	
38	265	Women Youth (Group A)	C1163	CASTRO VIVIEN	00:56:33	00:11:19	00:56:24	00:11:17	
39	266	Women Youth (Group A)	C1167	CHEUNG SIN KI	00:56:50	00:11:22	00:56:41	00:11:20	
40	273	Women Youth (Group A)	C1171	KWAN SUM YU	00:57:48	00:11:34	00:57:39	00:11:32	
41	277	Women Youth (Group A)	C1347	洪 慧琳	00:58:19	00:11:40	00:58:12	00:11:38	
42	283	Women Youth (Group A)	C1189	YAU HO LAAM	00:59:55	00:11:59	00:59:23	00:11:53	
43	285	Women Youth (Group A)	C1179	LIMBU KOISAN	01:00:31	00:12:06	01:00:05	00:12:01	
44	296	Women Youth (Group A)	C1350	黃 紫珊	01:04:37	00:12:55	01:04:30	00:12:54	
45	297	Women Youth (Group A)	C1208	盧 穎霖	01:05:11	00:13:02	01:04:42	00:12:56	
46	298	Women Youth (Group A)	C1177	LEUNG LOK TUNG	01:05:12	00:13:02	01:04:42	00:12:56	
47	299	Women Youth (Group A)	C1181	PONG TSZ KWAN	01:05:12	00:13:02	01:04:42	00:12:56	
48	303	Women Youth (Group A)	C1198	周 嘉兒	01:13:57	00:14:47	01:13:32	00:14:42	
		Women Youth (Group A)	C1194	李 文希	N/A	N/A	N/A	N/A	DNS
		Women Youth (Group A)	C1196	李 佳欣	N/A	N/A	N/A	N/A	DNS
		Women Youth (Group A)	C1200	胡 穎	N/A	N/A	N/A	N/A	DNS
		Women Youth (Group A)	C1205	陳 慧榆	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Men Youth Group B

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	7	Men Youth (Group B)	D1217	NG YIN FOR	00:25:29	00:05:06	00:25:27	00:05:05	
2	75	Men Youth (Group B)	D1221	姜 敖倫	00:35:05	00:07:01	00:34:57	00:06:59	
3	80	Men Youth (Group B)	D1213	HUNG HIU CHUN	00:35:45	00:07:09	00:35:17	00:07:03	
4	127	Men Youth (Group B)	D1219	YEUNG HOI CHUN ERIC	00:41:50	00:08:22	00:41:46	00:08:21	
5	138	Men Youth (Group B)	D1214	LAM CHUN KEI EDWARD	00:42:12	00:08:26	00:41:53	00:08:23	
6	143	Men Youth (Group B)	D1223	鄧 天昕	00:43:01	00:08:36	00:42:49	00:08:34	
7	188	Men Youth (Group B)	D1222	黃 結林	00:47:37	00:09:31	00:45:00	00:09:00	
8	215	Men Youth (Group B)	D1211	CASTRO MALCOLM	00:50:58	00:10:12	00:50:47	00:10:09	
9	230	Men Youth (Group B)	D1352	梁 晉熙	00:52:54	00:10:35	00:52:42	00:10:32	
10	260	Men Youth (Group B)	D1216	MA HONG WAI	00:56:13	00:11:15	00:55:56	00:11:11	
11	272	Men Youth (Group B)	D1212	CHENG CHUNG HIN	00:57:48	00:11:34	00:57:39	00:11:32	
12	282	Men Youth (Group B)	D1220	杜 健聰	00:59:21	00:11:52	00:59:19	00:11:52	
13	291	Men Youth (Group B)	D1218	TANG CHEUNG SING	01:02:03	00:12:25	01:01:40	00:12:20	
		Men Youth (Group B)	D1215	LEE TSZ YEUNG	N/A	N/A	N/A	N/A	DNS
		Men Youth (Group B)	D1351	梁冠澤	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Women Youth Group B

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	41	Women Youth (Group B)	D1227	WAT KIT YING	00:30:42	00:06:08	00:30:37	00:06:07	
2	168	Women Youth (Group B)	D1229	WONG TSZ WAI	00:45:57	00:09:11	00:45:38	00:09:08	
3	174	Women Youth (Group B)	D1228	WONG NGAI YIN	00:46:16	00:09:15	00:46:10	00:09:14	
4	243	Women Youth (Group B)	D1230	WU SUET KWAN	00:54:40	00:10:56	00:54:22	00:10:52	
5	244	Women Youth (Group B)	D1231	YUEN KIT YING	00:54:50	00:10:58	00:54:32	00:10:54	
6	267	Women Youth (Group B)	D1224	FONG MAN CHING	00:56:55	00:11:23	00:56:50	00:11:22	
		Women Youth (Group B)	D1225	IP TSI MANG	N/A	N/A	N/A	N/A	DNS
		Women Youth (Group B)	D1226	ON YI ABI WAI	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Men Adult Group A

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	3	Men Adult (Group A)	E1355	SIU CHI HANG	00:24:26	00:04:53	00:24:24	00:04:53	
2	5	Men Adult (Group A)	E1241	WONG TIMMY CHUN BUN	00:25:12	00:05:02	00:25:08	00:05:02	
3	9	Men Adult (Group A)	E1232	CHENG LING HIN LINUS	00:26:24	00:05:17	00:26:22	00:05:16	
4	20	Men Adult (Group A)	E1240	LO CHEUK HONG	00:28:38	00:05:44	00:28:31	00:05:42	
5	64	Men Adult (Group A)	E1244	陳 建文	00:34:10	00:06:50	00:34:07	00:06:49	
6	66	Men Adult (Group A)	E1237	LAU CHI WOON	00:34:19	00:06:52	00:33:52	00:06:46	
7	113	Men Adult (Group A)	E1243	李 子健	00:40:03	00:08:01	00:39:38	00:07:56	
8	121	Men Adult (Group A)	E1242	WONG YING HO	00:41:09	00:08:14	00:41:06	00:08:13	
9	150	Men Adult (Group A)	E1239	LEE CHI HO	00:43:48	00:08:46	00:43:44	00:08:45	
10	163	Men Adult (Group A)	E1245	曾 再恭	00:45:24	00:09:05	00:45:12	00:09:02	
11	202	Men Adult (Group A)	E1236	LAM CHUN KIT	00:48:59	00:09:48	00:48:39	00:09:44	
12	207	Men Adult (Group A)	E1238	LAU KEI YIP	00:49:59	00:10:00	00:49:30	00:09:54	
13	218	Men Adult (Group A)	E1246	蔡 家銓	00:51:31	00:10:18	00:51:25	00:10:17	
14	235	Men Adult (Group A)	E1233	CHIN LIK TECK	00:53:23	00:10:41	00:53:18	00:10:40	
15	293	Men Adult (Group A)	E1234	CHUNG WAI KUEN	01:03:33	00:12:43	01:01:46	00:12:21	
		Men Adult (Group A)	E1235	FONG SIO KUAN	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Women Adult Group A

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	131	Women Adult (Group A)	E1260	MA YUEN YEE	00:42:00	00:08:24	00:41:54	00:08:23	
2	136	Women Adult (Group A)	E1257	LIU LAI YING	00:42:09	00:08:26	00:41:46	00:08:21	
3	151	Women Adult (Group A)	E1259	MA YAN YAN	00:43:48	00:08:46	00:43:44	00:08:45	
4	152	Women Adult (Group A)	E1273	陳 穎琦	00:43:49	00:08:46	00:43:25	00:08:41	
5	154	Women Adult (Group A)	E1249	CHIANG PUI IU	00:43:54	00:08:47	00:43:36	00:08:43	
6	165	Women Adult (Group A)	E1264	TANG MONG LENG	00:45:41	00:09:08	00:45:22	00:09:04	
7	178	Women Adult (Group A)	E1254	LAM LING KIU	00:46:34	00:09:19	00:46:30	00:09:18	
8	183	Women Adult (Group A)	E1250	FONTINELI CAMILA	00:47:05	00:09:25	00:46:57	00:09:23	
9	190	Women Adult (Group A)	E1253	LAM CHI WAI STELLA	00:47:47	00:09:33	00:47:27	00:09:29	
10	191	Women Adult (Group A)	E1255	LEE CHING YU	00:47:51	00:09:34	00:47:32	00:09:30	
11	193	Women Adult (Group A)	E1251	FUNG YIP FAN ADA	00:48:03	00:09:37	00:47:52	00:09:34	
12	200	Women Adult (Group A)	E1263	TAM IM FEI	00:48:39	00:09:44	00:48:19	00:09:40	
13	201	Women Adult (Group A)	E1356	黃 紅枚	00:48:51	00:09:46	00:48:48	00:09:46	
14	209	Women Adult (Group A)	E1258	LUC YEE	00:50:24	00:10:05	00:50:15	00:10:03	
15	211	Women Adult (Group A)	E1271	郭 美玲	00:50:40	00:10:08	00:50:32	00:10:06	
16	213	Women Adult (Group A)	E1270	梁 嘉穎	00:50:42	00:10:08	00:50:33	00:10:07	
17	221	Women Adult (Group A)	E1272	陳 彥臻	00:51:35	00:10:19	00:51:29	00:10:18	
18	231	Women Adult (Group A)	E1266	YIU PUI YING STELLA	00:52:59	00:10:36	00:52:42	00:10:32	
19	236	Women Adult (Group A)	E1268	何 雅欣	00:53:26	00:10:41	00:53:09	00:10:38	
20	240	Women Adult (Group A)	E1353	CHEUNG MING SHAN	00:54:01	00:10:48	00:53:57	00:10:47	
21	263	Women Adult (Group A)	E1252	KO WAI CHING	00:56:30	00:11:18	00:56:23	00:11:17	
22	274	Women Adult (Group A)	E1267	ZHAO JUN	00:58:10	00:11:38	00:58:03	00:11:37	
23	275	Women Adult (Group A)	E1247	BELLEZA SHEILLA	00:58:17	00:11:39	00:58:15	00:11:39	
24	290	Women Adult (Group A)	E1354	LAM CHU CHI	01:02:02	00:12:24	01:01:39	00:12:20	
25	292	Women Adult (Group A)	E1262	SHUM WING YIN	01:03:33	00:12:43	01:01:50	00:12:22	
26	300	Women Adult (Group A)	E1261	SHAM HOI YAN	01:06:09	00:13:14	01:06:04	00:13:13	
		Women Adult (Group A)	E1248	CHEUNG YIM LAN	N/A	N/A	N/A	N/A	DNS
		Women Adult (Group A)	E1256	LEUNG TAK YEE	N/A	N/A	N/A	N/A	DNS
		Women Adult (Group A)	E1265	WONG CHEUK LAI	N/A	N/A	N/A	N/A	DNS
		Women Adult (Group A)	E1269	林 凱玲	N/A	N/A	N/A	N/A	DNF

5KM Individual Run - Men Adult Group B

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	18	Men Adult (Group B)	F1288	王大維	00:27:52	00:05:34	00:27:49	00:05:34	
2	43	Men Adult (Group B)	F1279	LAW WAI SHUN JIMMY	00:30:51	00:06:10	00:30:48	00:06:10	
3	67	Men Adult (Group B)	F1285	WONG HON SZE	00:34:33	00:06:55	00:34:30	00:06:54	
4	84	Men Adult (Group B)	F1287	YUK KWAN CHENG	00:36:02	00:07:12	00:35:35	00:07:07	
5	96	Men Adult (Group B)	F1282	NG HO YIN	00:37:32	00:07:30	00:37:25	00:07:29	
6	97	Men Adult (Group B)	F1278	LAW KIT YIU BRIAN	00:37:32	00:07:30	00:37:29	00:07:30	
7	105	Men Adult (Group B)	F1280	LIN YING WAI	00:38:18	00:07:40	00:36:40	00:07:20	
8	112	Men Adult (Group B)	F1277	LAI CHEUK KONG	00:39:42	00:07:56	00:39:14	00:07:51	
9	117	Men Adult (Group B)	F1289	吳嘉欣	00:40:34	00:08:07	00:40:27	00:08:05	
10	148	Men Adult (Group B)	F1274	CHANG CHENG HSIEN	00:43:42	00:08:44	00:43:26	00:08:41	
11	189	Men Adult (Group B)	F1276	HUNG YIN MAN	00:47:46	00:09:33	00:47:29	00:09:30	
12	232	Men Adult (Group B)	F1283	SIU CHUN HO	00:53:03	00:10:37	00:52:57	00:10:35	
13	248	Men Adult (Group B)	F1286	YIP YIN HONG	00:54:57	00:10:59	00:54:35	00:10:55	
14	305	Men Adult (Group B)	F1290	李俊文	01:15:40	00:15:08	01:15:30	00:15:06	
15	306	Men Adult (Group B)	F1275	CHIU WAI HUNG ROGER	01:15:40	00:15:08	01:15:28	00:15:06	
		Men Adult (Group B)	F1281	MARLEY EAMONN	N/A	N/A	N/A	N/A	DNS
		Men Adult (Group B)	F1284	TONG SIU MING TOM	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Women Adult Group B

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	88	Women Adult (Group B)	F1294	KA KA LAI	00:36:31	00:07:18	00:36:25	00:07:17	
2	108	Women Adult (Group B)	F1295	KWOK WAI LAN	00:38:57	00:07:47	00:38:42	00:07:44	
3	122	Women Adult (Group B)	F1296	LAM TUN KIT TUN KIT	00:41:17	00:08:15	00:41:12	00:08:14	
4	129	Women Adult (Group B)	F1299	LUI WAN KEI	00:41:56	00:08:23	00:41:45	00:08:21	
5	134	Women Adult (Group B)	F1302	SZETO MEI YEE	00:42:04	00:08:25	00:42:00	00:08:24	
6	175	Women Adult (Group B)	F1301	PANG YUK YEE	00:46:30	00:09:18	00:46:16	00:09:15	
7	181	Women Adult (Group B)	F1304	黃 佩珊	00:47:00	00:09:24	00:46:26	00:09:17	
8	194	Women Adult (Group B)	F1298	LEUNG YUEN SHAN	00:48:04	00:09:37	00:46:09	00:09:14	
9	208	Women Adult (Group B)	F1297	LAU LAI MUI	00:50:04	00:10:01	00:49:45	00:09:57	
10	225	Women Adult (Group B)	F1305	黃 愛蓮	00:52:12	00:10:26	00:51:58	00:10:24	
11	237	Women Adult (Group B)	F1293	CHU WING SHAN ALISON	00:53:36	00:10:43	00:53:14	00:10:39	
12	264	Women Adult (Group B)	F1292	CHAN YUK LING	00:56:32	00:11:18	00:56:26	00:11:17	
13	268	Women Adult (Group B)	F1300	NG SHU GAR	00:56:56	00:11:23	00:56:47	00:11:21	
		Women Adult (Group B)	F1291	CHAN CHING	N/A	N/A	N/A	N/A	DNS
		Women Adult (Group B)	F1303	YU KA YAN JENNIFER	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Men Senior

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	38	Men Senior	G1306	CHAN FORD	00:30:25	00:06:05	00:30:25	00:06:05	
2	69	Men Senior	G1319	濮 將華	00:34:37	00:06:55	00:34:33	00:06:55	
3	107	Men Senior	G1315	YEUNG YING WAI	00:38:50	00:07:46	00:38:45	00:07:45	
4	229	Men Senior	G1311	MA KAM WAH	00:52:49	00:10:34	00:52:38	00:10:32	
5	233	Men Senior	G1309	LAM KIN LEUNG	00:53:03	00:10:37	00:52:36	00:10:31	
6	245	Men Senior	G1312	NG CHI KIN	00:54:53	00:10:59	00:54:36	00:10:55	
7	259	Men Senior	G1316	吳 豪峯	00:56:11	00:11:14	00:56:01	00:11:12	
8	269	Men Senior	G1318	倪 順乾	00:57:28	00:11:30	00:57:14	00:11:27	
9	280	Men Senior	G1310	LUI SHEUNG CHUNG	00:58:48	00:11:46	00:58:37	00:11:43	
10	289	Men Senior	G1313	WAN CHO LEONG	01:02:02	00:12:24	01:01:39	00:12:20	
11	301	Men Senior	G1307	CHAN TAK CHEONG EDWARD	01:07:13	00:13:27	01:07:00	00:13:24	
12	304	Men Senior	G1317	李 苟煥	01:15:39	00:15:08	01:15:25	00:15:05	
13	307	Men Senior	G1314	YEUNG TAT MING	01:16:51	00:15:22	01:16:31	00:15:18	
		Men Senior	G1308	HOPE MARK	N/A	N/A	N/A	N/A	DNS

5KM Individual Run - Women Senior

組別名次 Category Position	整體排名 Overall Position	組別 Category	編號 Bib	姓名 Name	大會時間 Official Time	平均配速 Average Pacing	晶片時間 Chip Time	晶片平均配速 Chip Average Pacing	備註 Remark
1	46	Women Senior	G1320	CHAN KIT HA	00:31:56	00:06:23	00:31:52	00:06:22	
2	155	Women Senior	G1322	LUK MAN YI IVY	00:44:07	00:08:49	00:43:46	00:08:45	
3	157	Women Senior	G1324	張明珠	00:44:28	00:08:54	00:44:21	00:08:52	
4	198	Women Senior	G1323	WONG HEI LUEN HELEN	00:48:32	00:09:42	00:48:16	00:09:39	
5	279	Women Senior	G1321	CHAN SIU MAN AMANDA	00:58:47	00:11:45	00:58:34	00:11:43	